

RESIN RESTORATION PATIENT INFORMATION

You have just had the highest quality composite resin (tooth coloured filling) appointment to restore your tooth. Your tooth is now cavity free and healthy. There are just a few things that you should know about your restoration.

GUMS AND TISSUES:

It is normal for your gums to be sore and sensitive in the area surrounding the restoration. You may feel some discomfort as the anaesthesia wears off. This is due to the treatment you have received and should disappear within a day or two. The tissue in the area of the injection may also be sore. Rinsing with warm salt water (1 tsp. salt in 8 oz. warm water) several times a day will help to relieve the discomfort.

SENSITIVITY:

You may feel hot or cold sensitivity. This is normal, and will subside in a day or two. If you feel that the sensations are extreme, please call the office. This may mean that the tooth is showing the first signs of nerve death. Many teeth die slowly, and it is not uncommon for a tooth to show this after being worked on.

OTHER NOTES:

Avoid drinking hot coffee, tea etc. to avoid burning your mouth until the anaesthesia wears off. Your restoration has been polymerized fully, therefore it is as strong as it is going to be.

PROBLEMS:

FEELS ROUGH

If after the anesthesia wears off and the restoration is rough to the tongue or feels unnatural, call our office. The tooth can be smoothed and polished quickly and painlessly.

BITE IS HIGH: cold

If you are having difficulty biting hard foods (e.g. nuts, etc.), have prolonged sensitivity or an uneven feeling when biting down, call the office and we will readjust the restoration. Please do not ignore any concern you may have as a high bite may bruise that tooth or the opposing teeth.