

ROOT CANAL TREATMENT

You have just had an endodontic, or root canal treatment. Each tooth contains pulp in root canals. The pulp is the control centre of each tooth, and contains blood vessels, nerves and lymphatics. When the pulp becomes inflamed due to a deep cavity, trauma or other insults, the end result can be infection, injury or death of the tooth. Root canal treatment cleans out the pulp, and is the best way to save a tooth in this condition. The damaged pulp is removed and the pulp chamber/root canal is cleaned and sealed.

WHAT TO EXPECT :

TOOTH, GUMS

AND TISSUES: It is normal for your tissue and gums to be sore and sensitive in the area surrounding the tooth. You may feel this discomfort as the anaesthesia wears off. This is due to treatment and should disappear within a day or two.

SENSITIVITY: You may experience hot or cold sensitivity immediately following treatment. This is normal and will subside. You should not feel any sensitivity within the actual tooth 1 week after the root canal treatment, If you do, please call the office.

SWELLING: If the area around the tooth or root begins to swell please contact the office immediately. We may need to prescribe you an antibiotic or change the medication you are currently taking.

PAIN: As the anaesthesia wears off, you will begin to feel some discomfort. The most pain will be felt within the first 24-48 hours after treatment. The pain will subside over the next 3-5 days.

MEDICATION: 1) Dr. Paliani has prescribed _____
Take _____ tablet(s) IMMEDIATELY
Take _____ tablet(s) EVERY _____ HOUR(S) for _____ DAY(S)
Take _____ tablet(s) EVERY _____ HOUR(S) THEREAFTER for
a maximum of _____ DAY(S) following the regular medication course
as needed for pain relief. Pain tablets should be taken with food or milk.

2) Dr. Paliani has prescribed _____
to prevent infection. Take _____ tablet(s)/capsule(s) every _____ hour(s) until
completed.

Please take medication as prescribed. It is especially important to take antibiotic medication to completion. **DO NOT ALTER, INCREASE, OR COMBINE DRUGS UNLESS TOLD TO DO SO.**
DO NOT CONSUME ALCOHOLIC BEVERAGES WHILE ON MEDICATION. If you are feeling excessive pain forty eight (48) hours after surgery, or are experiencing any extreme symptoms, please do not hesitate to call the office.

STIFFNESS: Do not try to force your jaw open for the first few days. When the muscles have healed sufficiently, they will open willingly. You may begin to gently massage your jaw on Day 2 or 3 following surgery.

BRUISING: Occasionally, the skin may show some bruising or discolouration. This should disappear in one (1) week. It is not medically important and no treatment is necessary.

HEALING: To monitor the success of the procedure we may monitor this area clinically and with x-rays at one of your future examination appointments.

EMERGENCIES: Do not hesitate to call the dental office at any time if you have any questions or concerns.

Be certain to get plenty of rest and take care of yourself. We wish you a speedy recovery!