

**TOOTH- COLOURED INLAYS/ONLAYS PATIENT INFORMATION**  
**(SECOND APPOINTMENT )**

You've just had your tooth restored with a Concept or Targis/Vectris restoration.

Concept and Targis/Vectris are the most researched and studied posterior restorative materials in dentistry today. They offer numerous advantages: strength and durability, aesthetics, fluoride release, longevity, reparability, and quality. You have a superior restoration in your mouth.

You will be given the impressions and models used to fabricate the restoration. Please store these in a safe place. A labelled shoebox works great! If anything does happen in the future, we may be able to use these models for a remake or a repair.

You are free to brush, floss, eat and drink as per normal. Treat your Concept or Targis/Vectris restoration as you would your other natural teeth. Take care to practice good oral hygiene and your restoration will last a long time.

Make sure to brush your gums around the area that was worked on to rid of any resin left in the area.

**WHAT TO EXPECT:**

**GUMS AND TISSUES:** It is normal for your gums to be sore and sensitive in the area surrounding the preparation. Rinsing with warm salt water (1tsp. salt in 8 oz. warm water) several times a day will help to relieve the discomfort.

**OTHER NOTES:** Your restoration has been polymerized fully, therefore it is as strong as it is going to be. Avoid drinking hot coffee, tea etc. to avoid burning your mouth until the anaesthesia wears off

**SENSITIVITY:** You may feel hot or cold sensitivity. This is normal, and will subside in a day or two. If you feel that the sensations are extreme, please call the office. This may mean that the tooth is showing the first signs of nerve death. Many teeth die slowly, and it is not uncommon for a tooth to show this after being worked on.

**PROBLEMS:**

**FEELS ROUGH:** If the final restoration feels rough, to the tongue or feels unnatural, call our office. The tooth can be smoothed and polished quickly and painlessly.

**BITE IS HIGH:** If you are having difficulty biting hard foods (e.g. nuts, etc.), or have prolonged cold sensitivity or an uneven feeling when biting down, call the office and we will adjust the restoration. Please do not ignore any concern you may have as a high bite may bruise that tooth or the opposing teeth.